

How to locate a CMH-approved provider

Call your local health department or go to: www.odh.ohio.gov

- Click “A-Z INDEX” in upper right corner
- Click “Complex Medical Help”

What conditions are eligible for CMH?

Some of the eligible conditions are:

- AIDS.
- Cancer.
- Cerebral palsy.
- Cleft lip/palate.
- Cystic fibrosis.
- Diabetes.
- Scoliosis.
- Hemophilia.
- Hearing loss.
- Juvenile arthritis.
- Metabolic disorders.
- Severe vision disorders.
- Sickle cell disease.
- Spina bifida.
- Congenital heart disease.
- Chronic lung disease.

Special healthcare needs may be caused by a condition a child is born with or develops later.

Which individuals are eligible for CMH?

Those who are:

- Age 0-26
- Permanent residents of Ohio
- Under the care of CMH-approved doctor (M.D or D.O.) and who have or may have a chronic medical condition

Financial eligibility is required for the Treatment Program only.

How is an individual enrolled in the CMH Program?

The individual’s CMH-approved doctor (M.D. or D.O.) sends a medical application form to CMH. Public health nurses can start the application process by referring individuals to CMH approved doctors. The parent, legal guardian or client who is at least 18 years old must sign the release of information and consent on the application form before CMH can act on the application.

How can you learn more about CMH?

Contact your local health department or go to: www.odh.ohio.gov.



Department of Health

Complex Medical Help

Complex Medical Help Program (CMH)

P.O. Box 1603
Columbus, Ohio 43216-1603

(614) 466-1700
1 (800) 755-4769 (toll-free for applicants or enrollees only)
1 (800) 750-0750 (TTY)

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Do you Have or Know of Someone with a Special Healthcare Need?



Complex Medical Help Program (CMH) may be able to help.

What is CMH?

CMH is a healthcare program in the Ohio Department of Health. It links individuals with special healthcare needs to a network of quality providers and helps them obtain payments for services they need.

CMH supports the Patient-Centered Medical Home (PCMH) where primary care providers and families/individuals work together to improve health outcomes and quality of life for children and adults with special healthcare needs.

A Good PCMH:

- Knows its patients.
- Partners with and learns from children, families, and individuals.
- Uses a team approach for the care of chronic conditions, which includes planned, proactive visits.
- Coordinates services.
- Co-manages with individuals, families, and specialists.
- Assists with transitions.
- Provides connections with community organizations.
- Is satisfying for individuals, families, providers, and clinical staff.

CMH works with doctors and other healthcare providers to ensure that every individual with a special healthcare need will have a PCMH.

Your voice is Important to CMH

Parents are encouraged to attend the Parent Advisory Committee (PAC) meetings. These meetings are held four times a year across Ohio. CMH values parent input on the development and delivery of programs and services for children with special healthcare needs. Please contact BCMh@ODH.Ohio.gov for more information.

Three Ways CMH Can Help...

CMH has three programs to help individuals with special health care needs. All services must be given by CMH approved providers.

1 Diagnostic Program

Individuals up to age 21 can receive services for up to nine months, from CMH-approved providers, to rule out or diagnose a special healthcare need or establish a plan of treatment. These services may include:

- Tests and x-rays.
- Therapy evaluations.
- Public health nursing services.
- Visits to CMH-approved doctors.
- Up to five days in the hospital.

2 The Treatment Program

Individuals can receive services for one year, from CMH-approved providers, for treatment of an eligible condition. Both medical and financial eligibility are required for the Treatment Program.

- Laboratory tests and x-rays.
- Physician visits.
- Prescription medications.
- Medical equipment and supplies.
- Surgeries and hospitalizations.
- Public health nursing services.
- Therapies.
- Service coordination.

All services must be related to the individual's eligible condition. If the individual remains eligible, services may be renewed each year up to their 26th birthday

3 The Service Coordination Program

This program helps locate and coordinate services. This is a limited program available to individuals, with specific conditions, who are seen by a team of providers at hospitals approved by CMH for service coordination.

